



EVOLVE

PART OF YMCA BRIGHTON



Welcome meeting

Date:



Name:



Pronouns:



Date of birth:



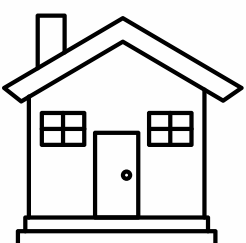
Phone Number:



Email:



How and when do you prefer to be contacted?:



Accommodation and keyworker details:



Are you getting support from any other services?:

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About us:

EVOLVE is a Work & Learning Coaching Service which is part of YMCA Brighton. We offer 1 to 1 coaching to help you achieve your work, learning and volunteering goals.

Coaching is for 1 hour a week for up to 12 months, but can vary depending on need. We can also offer quiet time sessions to our clients.

We use the GROW (Goal, Reality, Options, Will) coaching model.

We put on workshops and drop-ins and offer a monthly timetable of activities.

EVOLVE is open 9-5, Monday to Friday.



Do you feel you understand the service that EVOLVE offers?

☐

Feel free to ask questions or let us know if there is anything you need clarification on.

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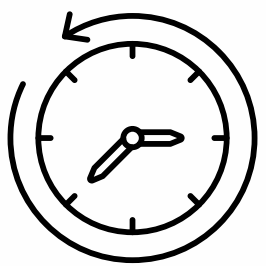
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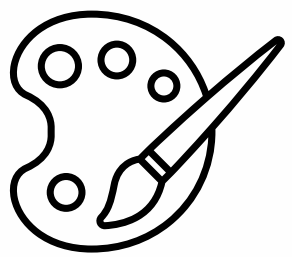
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Your Goals:

What work, learning or volunteering goal(s) are you hoping to achieve working with a coach?



Are there any Work, Learning and Volunteering experiences you have enjoyed in the past?



Are there any other activities/hobbies you like to do? (This can help us pair you with a coach and is helpful to know for our workshops.)

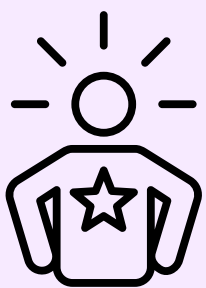


Current feelings:

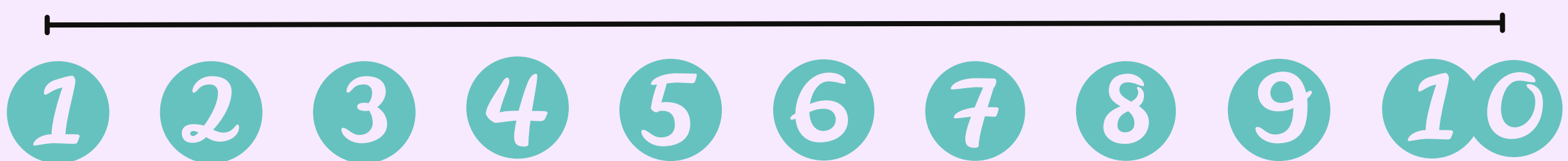
To help us understand where you are at now, please score yourself on a scale of 1-10, (1 being low and 10 being high) on Confidence, Importance and Motivation for your goal(s).

Please base your score on this conversation about your goal(s) and what you now know about the EVOLVE service.

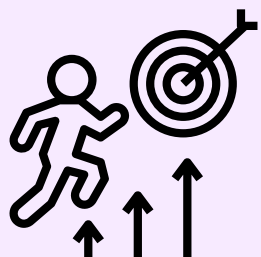
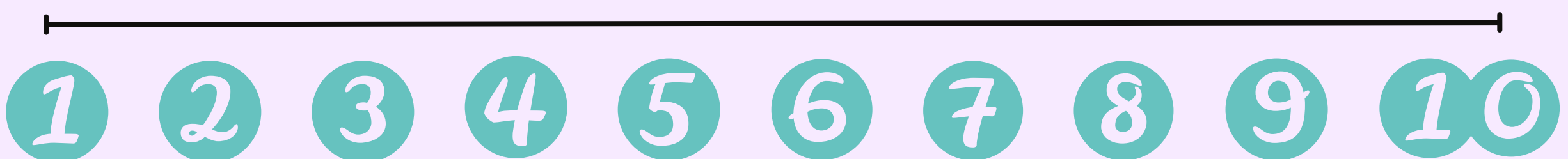
If you would like an additional copy of this scaling tool for your goal(s) we can print one.



Confidence



Importance



Motivation



How do you think coaching could help to raise these numbers?



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Your Support:



Thoughts and reflections on how you would like to be worked with.
(This can be access needs, reminders, appointment regularity, advocating for yourself etc.)



Are there any other support needs or preferences you would like us to know about to help us to work best with you?

Please put a tick for yes or a cross for no:



Has booklet been given?

☐

Would you like to be added to mailing list?

☐

(you will be sent our monthly timetable of activities as well as our newsletter!)



Do you have any questions for us?

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How we will use your data:

I understand that some information may need to be shared with other agencies for work, learning, wellbeing or monitoring purposes. EVOLVE will only share information relevant to my use of the EVOLVE service and within the law relating to data protection.



Please sign here:

Privacy Statement

As data controller, YMCA Brighton EVOLVE collects the data you give us on this form so that we can provide work and learning support.

The legal basis for doing this under the General Data Protection Regulations Article 6(1 a) you have given consent.)

Information is shared across the organisation and within relevant homelessness and statutory support services. We do not transfer data outside of the UK. We will keep your data for 2 years after leaving the service or your expression of interest closes. You have the right to rectify, erase, restrict, object and be given your data. You also have the right to withdraw your consent at any time.

If you would like to get a copy of your data or make a complaint, contact a manager or email generalenquiries@brightonymca.co.uk.

If dissatisfied with the way that we have managed your data you can then complain to the Information Commissioners Office.

Further information can be found in our Privacy Notice. Please ask a member of staff for a copy.



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